

April 2023

# Equity Downside Protection in 2023

**Hélène Veltman, PhD**

Senior Investment Strategist, EMEA

Given the uncertainties of today's market environment, investors may wish to consider different scenarios and downside protection approaches with the aim of better positioning their portfolios to weather volatile markets.

---

## How Bumpy Is the Road Ahead?

The current market environment is immersed in uncertainties. Market sentiment in 2023 has shifted from seeing a soft landing or a hard landing to a hard landing or worrying about which surprises could still hit us and lead to a market shock.

In a recent blog, Chief Economist Simona Mocuta cautions against an overly hawkish interpretation of the recent data flow, and argues the disinflation narrative remains well anchored. This supports the view of a soft landing (see 1 in Reference).

In a separate State Street Global Advisors publication (see 2 in Reference) we describe six Grey Swans that could unsettle markets in 2023. Our darkest Grey Swan is that of an outright deflationary bust. In this hard landing scenario central banks deliver multiple rate hikes while unemployment increases. Amid the weakening global demand and improved supply, oil prices tumble to send a deflationary impulse through the economy.

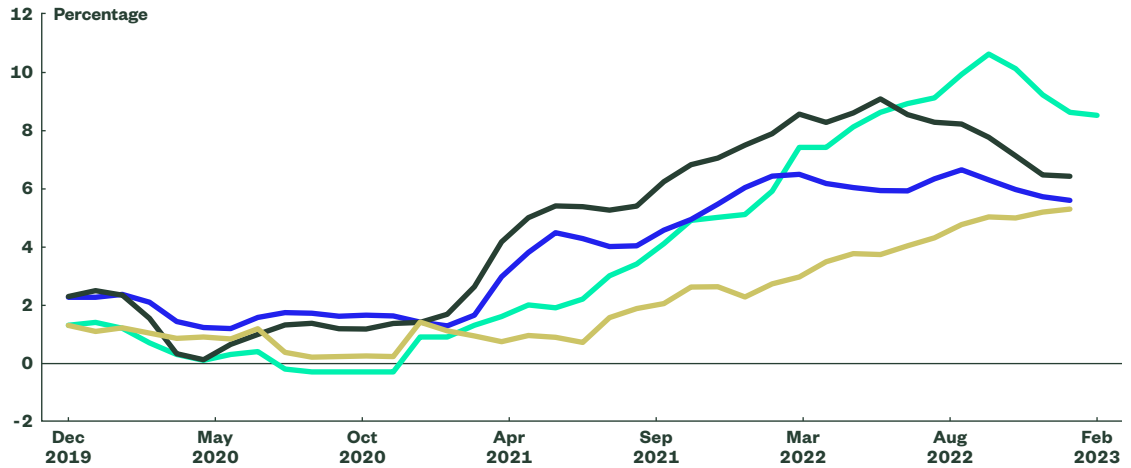
A possible market shock might also be triggered by a major oil price hike, another one of our Grey Swans. With the Ukraine War, past OPEC+ production cuts, and Russian sanctions as a backdrop, a larger-than-anticipated economic response to China's scrapping of COVID-19-related policies could stoke oil demand from Chinese industry and be the catalyst for renewed surging energy prices.

Figure 1

**Headline Inflation Appears to be Turning, Yet Core Inflation Remains Sticky**

US and European Headline and Core Inflation Year-over-year (YoY) Change

- US CPI
- EUR CPI
- US CORE
- EUR CORE



Source: Refinitiv. Data between December 31, 2019 and February 28, 2023.

**Equity Downside Protection Strategies**

Against such a backdrop how should investors position their portfolios? Some investors may need the higher expected returns afforded by equities but worry about their risk. Others might think moving into fixed income is still too early as central banks are still raising rates. One possible solution may be to remain invested in equity for the time being, yet combined with some form of downside protection, or alternatively move into a low volatility equity strategy (see 3 and 4 in Reference). In the following sections we enumerate some possible scenarios and potential strategies which could be used.

**1. Soft Landing** In this scenario the equity market keeps trending upward and volatility continues to drop.

• **Potential defensive strategy: A put-spread**

In an upward trending market, most defensive strategies would see a performance drag versus the market capitalization-weighted benchmark.

- If we had moved into a low volatility strategy a drag relative to the market capitalization-weighted benchmark is expected, the size of which is not known in advance.
- If a put option was bought, it would expire worthless. The investor's loss would have been the paid premium, otherwise enjoying full market participation. We believe now could be a reasonable time to enter into such a contract. The S&P 500 put premiums, for example, are around one-third of their highest levels seen during the COVID-19 market drop, though they are still not back to their much lower pre-COVID-19 levels. Reducing the premium (but reducing the downside protection) while retaining full upside potential could be achieved through a put spread.

**2. Sudden Market Shock** In a second scenario, the markets experience an unexpected event shock and the already vulnerable markets exhibit a strong sudden downward shock, just as was experienced during the COVID-19 shock in March 2020. A reactive rebound will follow.

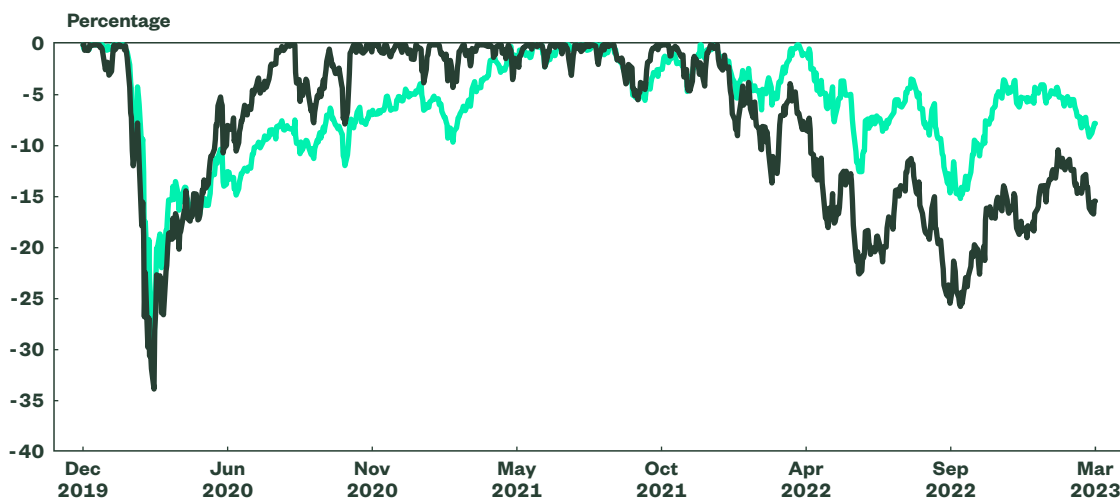
• **Potential defensive strategy: A simple put option**

There will always be a reactive rebound after a market shock where investors re-enter the market. Having said that, the length or size of the rebound is not known and the unprecedented rebound seen post mid-March 2020 would unlikely be repeated, given the reduced appetite for fiscal stimulus given inflation worries.

- During the COVID-19 pandemic period referred to in Figure 2, defensive equity only had a slightly reduced drawdown relative to the market capitalization-weighted benchmark as can be seen in Figure 2. This however is not a failure of such strategies since we tend to see that securities react alike to the general bad news (systemic event) and temporarily there is no distinction between, for example, a defensive or a cyclical security. This still holds for the immediate rebound. After that in the unfolding recovery, securities' idiosyncratic characteristics re-emerge and the defensive equity will likely lag the market capitalization-weighted benchmark.
- Having a put option already in place prior to the shock would have been fruitful. The put option protects below the initially agreed strike level, cushioning the fall. The value of the put option is at its highest at the bottom of the market and if sold at this moment the investor would have crystallized the gain, well exceeding the initial premium. If kept, the option will again ultimately become worthless in the rebound. Still, the put option allows for smooth sailing through the market turbulence.

Figure 2  
**Evolution of the Drawdown for the MSCI World Index and the State Street Global Advisors Global Managed Volatility (GMV) Fund**

■ MSCI World TR index  
 ■ State Street Global ESG Screened Managed Volatility Equity Fund



Source: State Street Global Advisors and Refinitiv. Data between December 31, 2019 and February 28, 2023.  
**Past performance is not a reliable indicator of future performance.**

**3. Hard Landing** In the third scenario equity markets resume the descent of 2022 in a highly volatile environment.

• **Potential defensive strategy: Low volatility equity**

- Such a market environment is the sweet spot for low volatility strategies: defensive characteristics of the securities are best captured and a relative outperformance can be realized. This can also be seen in Figure 2 where, for example, the State Street Global Advisors Global Managed Volatility Fund had a significantly reduced drawdown during 2022 relative to the market cap-weighted MSCI World Index.
- For an option strategy, the benefit of the strategy would depend on the premium paid, which could be relatively high in a highly volatile market environment. It may be preferable to buy a collar instead for it allows for a reduced premium.

Figure 3  
**Expected Outcomes for Different Defensive Equity Strategies Across Market Scenarios**  
 Potential Strategies are Indicated as Well

Possible Market Scenario 2023	Potential Defensive Strategy	Low Volatility Equity Strategy	Option Strategy
Soft landing	Put spread	Expected lag in up trending market (although uncertain magnitude)	Put spread has low cost of premium while retaining full upside potential
Market shock	Put option	No relative benefit in the strong drop. Likely relative underperformance in the rebound	Simple put that protects fully against tail risk while retaining full upside potential
Hard landing	Low volatility strategies	Relative outperformance	Collar has low cost of premium while retaining full downside protection

Source: State Street Global Advisors.

## Closing Remarks

In these uncertain times many investors are looking to hedge their equity allocations. While there are ample ways to achieve a hedging approach, risk and return outcomes depend strongly on the selected downside protection strategy one chooses. To illustrate this point and to help guide investors through these decisions, we have examined three hypothetical market scenarios and provided perspectives on the potential outcomes for an option based strategy and a low volatility strategy.

## Reference

1. [“On the Recent Strength in US Economic Data”, Simona Mocuta, 01 March 2023.](#)
2. [“Six Grey Swans That Could Unsettle Markets in 2023”, Lori Heinel and Gaurav Mallik, 26 January 2023.](#)
3. [State Street Global Advisors Global ESG Screened Managed Volatility Fund \(SSGA GMV\).](#)
4. [State Street Global Advisors Global ESG Screened Defensive Equity Fund \(SSGA GDE\).](#)

## Option Strategies

Put option = a contract where the buyer pays an upfront premium. In exchange the investor is protected against a drop below the agreed strike level at a defined maturity date.

Put spread = reduced premium through a combination of a bought put at a certain strike level and a sold put at a lower strike level, foregoing protection below the lower strike level.

Collar = reduced premium through a combination of a bought put at a certain strike level and a sold call at a higher strike level, foregoing upside gain above the call strike.

---

## About State Street Global Advisors

Our clients are the world's governments, institutions and financial advisors. To help them achieve their financial goals we live our guiding principles each and every day:

- Start with rigor
- Build from breadth
- Invest as stewards
- Invent the future

For four decades, these principles have helped us be the quiet power in a tumultuous investing world. Helping millions of people secure their financial futures. This takes each of our employees in 29 offices around the world, and a firm-wide conviction that we can always do it better. As a result, we are the world's fourth-largest asset manager\* with US \$3.48 trillion<sup>†</sup> under our care.

---

\* Pensions & Investments Research Center, as of December 31, 2021.

<sup>†</sup> This figure is presented as of December 31, 2022 and includes approximately \$58.60 billion USD of assets with respect to SPDR products for which State Street Global Advisors Funds Distributors, LLC (SSGA FD) acts solely as the marketing agent. SSGA FD and State Street Global Advisors are affiliated. Please note all AUM is unaudited.

---

### ssga.com

**Marketing communication.**  
For professional investors' use only.

---

#### State Street Global Advisors Worldwide Entities

This material is for educational purposes around options as a hedging vehicle and that this should not be considered as an investment advice to buy or sell any particular security or investing strategy.

This communication is not intended to promote or recommend the use of options or options trading strategies and should not be relied upon as such.

The whole or any part of this work may not be reproduced, copied or transmitted or any of its contents disclosed to third parties without State Street Global Advisors' express written consent.

The views expressed in this material are the views of Investment Strategy & Research team through the period ended March 21, 2023 and are subject to change based on market and other conditions.

This document contains certain statements that may be deemed forward looking statements. Please note that any such statements are not guarantees of any future performance and actual results or developments may differ materially from those projected.

The information provided does not constitute investment advice and it should not be relied

on as such. It should not be considered a solicitation to buy or an offer to sell a security. It does not take into account any investor's particular investment objectives, strategies, tax status or investment horizon. You should consult your tax and financial advisor.

All information is from State Street Global Advisors unless otherwise noted and has been obtained from sources believed to be reliable, but its accuracy is not guaranteed. There is no representation or warranty as to the current accuracy, reliability or completeness of, nor liability for, decisions based on such information and it should not be relied on as such.

Past performance is not a reliable indicator of future performance.

Investing involves risk including the risk of loss of principal.

Options investing entail a high degree of risk and may not be appropriate for all investors.

Hedging involves taking offsetting positions intended to reduce the volatility of an asset. If the hedging position behaves differently than expected, the volatility of the strategy as a whole may increase and even exceed the volatility of the asset being hedged.

Low volatility funds can exhibit relative low volatility and excess returns compared to the Index over the long term; both portfolio investments and returns may differ from those of the Index. The fund may not experience lower volatility or provide returns in excess of the Index and may provide lower returns in periods of a rapidly rising market. Active stock selection

may lead to added risk in exchange for the potential outperformance relative to the Index.

Actively managed funds do not seek to replicate the performance of a specified index. The **State Street Global Advisors Global Managed Volatility Fund** and **State Street Global Advisors Global ESG Screened Managed Volatility Fund (SSGA GMV)** are actively managed and may underperform their benchmarks. An investment in the **State Street Global Advisors Global Managed Volatility Fund** or **State Street Global Advisors Global ESG Screened Managed Volatility Fund (SSGA GMV)** is not appropriate for all investors and is not intended to be a complete investment program. Investing in the **State Street Global Advisors Global Managed Volatility Fund** or **State Street Global Advisors Global ESG Screened Managed Volatility Fund (SSGA GMV)** involves risks, including the risk that investors may receive little or no return on the investment or that investors may lose part or even all of the investment.

A Smart Beta strategy does not seek to replicate the performance of a specified cap-weighted index and as such may underperform such an index. The factors to which a Smart Beta strategy seeks to deliver exposure may themselves undergo cyclical performance. As such, a Smart Beta strategy may underperform the market or other Smart Beta strategies exposed to similar or other targeted factors. In fact, we believe that factor premia accrue over the long term (5-10 years), and investors must keep that long time horizon in mind when investing.

The trademarks and service marks referenced herein are the property of their respective owners. Third party data providers make no warranties or representations of any kind relating to the accuracy, completeness or timeliness of the data and have no liability for damages of any kind relating to the use of such data.

**The information contained in this communication is not a research recommendation or 'investment research' and is classified as a 'Marketing Communication' in accordance with the Markets in Financial Instruments Directive (2014/65/EU) or applicable Swiss regulation. This means that this marketing communication (a) has not been prepared in accordance with legal requirements designed to promote the independence of investment research (b) is not subject to any prohibition on dealing ahead of the dissemination of investment research.**

This communication is directed at professional clients (this includes eligible counterparties as defined by the appropriate EU regulator) who are deemed both knowledgeable and experienced in matters relating to investments. The products and services to which this communication relates are only available to such persons and persons of any other description (including retail clients) should not rely on this communication.

© 2023 State Street Corporation.  
All Rights Reserved.  
ID1479964-5544539.1.EMEA.INST 0323  
Exp. Date: 04/30/2024